

# ENDASI Newsletter

DECEMBER 2024

ENDASI GLOBA  
ENDASI FOUNDATION



**ENDASI**

Global e.V. / Foundation Uganda

# Endasi Update



## Hello and welcome back, dear readers,

Another three months have passed, and we're already approaching the end of the year ... unbelievable! As the year draws to a close, we have some wonderful reflections on 2024 to share, as well as exciting news for 2025. So, let's dive right in!

The calendar year 2024 is coming to an end, and we're looking back on an exciting year that, in Germany, was recently shaped by the school program that concluded in October. Over seven weeks, we worked with a total of 1,031 students from Osnabrück, Göttingen, Groß Schneen, Landshut, Mannheim, Dassendorf, and Reinbek during the project weeks. During this time, there were a total of 659 workshops in which the children engaged in sports, danced, sang, and gained many fascinating insights into the country of Uganda.

We, as the board, want to thank an amazing team without whom these weeks would not have been possible: THANK YOU! We are already planning more school project weeks for next year and will inform everyone interested in advance about where and when we'll be.

But there's more exciting news: Our association has a new name! We are now called "Endasi Global - Education, Diversity, Equality of Opportunity e.V.", or simply Endasi Global. At last, we now share the same name as our partner organization, the Endasi Foundation in Uganda. We will soon inform all members and supporters via email about what this name change means for you.

We would also like to thank everyone who donated towards Kato's surgery and hospital stay. Kato is doing well and, after recovering, will be able to live with the other children again. The medical costs ended up being significantly



# Endasi Update



higher than expected, but thanks to the generous donations, we were able to cover them.

As the year comes to a close, we are not only looking back on a successful 2024 but also ahead to some final highlights of the year: Christmas and New Year's Eve. This year, we want to celebrate Christmas with the entire Endasi family – the children, the staff, external participants, and the children from the community along with their families. We would love to organize a large buffet on our property and host a Christmas party with music and gifts.

“Between the years,” we also plan to organize an excursion and then ring in the New Year. For this, we are once again grateful for your donations! The more we raise, the more we can accomplish as a team and provide for the children. Thank you in advance! We'll let you know exactly what we're planning and how the Christmas celebration will take place in an email soon. Otherwise, feel free to check out our updates on Instagram.

We also hope to see some of you at the members' meeting, which will again take place between Christmas and New Year's. Until then, all the best. We wish everyone a wonderful end to the year, a peaceful (pre-)Christmas season, and a Happy New Year. We'll, of course, be back with our newsletter in 2025.

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Warm regards,  
Lucas, Verena, and Freddy  
Freddy



*The new volunteers arrived and start to feel at home already!*

# Uganda Update



## **In addition to the daily work of the Endasi Foundation Uganda, a lot has been happening here recently.**

The new volunteers have arrived, the community project has restarted—this time with new children—and there is now also the community sports project.

First, an update on Kato's health: thanks to the donations, Kato was able to undergo the necessary surgery. He returned home to Endasi about two weeks ago. Although he still has to rest in bed, the other children and volunteers are making this time more enjoyable for him. For instance, Milan occasionally teaches him computer skills, and together they have even managed to program a small computer game. The other Endasi children successfully completed their „Beginning Term Exams“ and „Second Term Exams“ with good to excellent results! As a reward, the Christmas holidays are just around the corner. Otherwise, we volunteers have been baking, crafting, and doing sports with the children. Together, they baked everything from various types of cakes to chocolate cookies.

During the holidays, sports activities took place six days a week and once on Saturdays during the school term. This is how the new community sports project was established, where the Endasi children play sports together with the community children. The project takes place on three afternoons during the week and on Saturdays. Here, the children learn new sports,

play football, or engage in „brain games“ to improve coordination.

In the community school project, 14 children aged between six and thirteen come to Endasi during the week. These children do not have access to education. Milan and Anna teach them letters and numbers or help them improve their reading, writing, and math skills. Additionally, they learn English on the side, listen to the sounds of musical instruments, have books read to them or read out loud themselves, and enjoy drawing with colored pencils and watercolors. The children and volunteers have a lot of fun together and share many laughs.

Stickbread smells good!



# Storytime



## A Bird Paradise Just Around the Corner

Since Jinja is located right by the Nile and Lake Victoria, you're constantly captivated by the surrounding water. Whether it's crossing the bridge and seeing the powerful torrents from the hydroelectric dam rushing below, or watching fishermen in their small wooden boats mirrored on the water's surface at dusk, the scenery is enchanting. You can also row across the Nile in a small boat and feel the strong current pulling at you. No matter what activity you choose or where you are near the water, the surrounding nature is so present and alive that it can't help but leave you in awe. Everything is lush and green, birds flutter around you, and with a bit of luck, you might even catch a glimpse of a giant lizard in the water.

But none of our outings so far have been as fascinating as our trip to Samuka Island. Just a short 30-minute boat ride across Lake Victoria lies this tiny island, a true paradise for birds. Even the journey there is an experience in itself. Sitting at the bow of the boat, your face in the fresh breeze, you're surrounded by blue expanses of water, with rolling green hills in the background. From afar, you can already see the

many birds circling the island. And once you dock and take just a few steps inland, you're greeted by hundreds of birds perched in the trees.

The island is said to be a sanctuary for more than 50 bird species, but the ones you'll encounter most frequently are the snowy-white egrets and the black cormorants.

Technically, you could walk around the island in just a few minutes. But it's far more enjoyable to take your time—gazing up at the trees to marvel at the multitude of birds in their nests, skipping stones along the shore, soaking in the view of the water and surrounding hills, and occasionally clapping your hands or shouting to see the startled birds take flight.

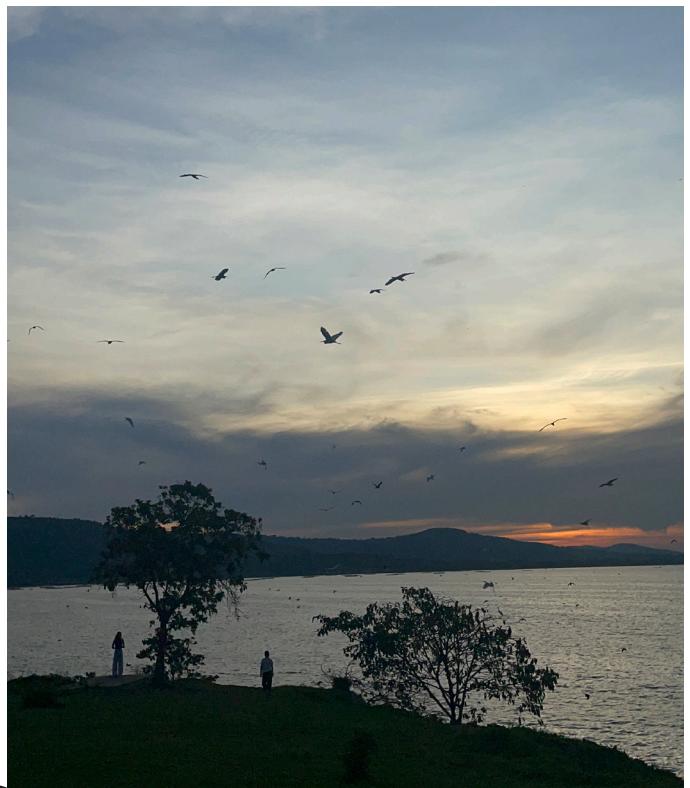
When you've had your fill of bird-watching, you can unwind at the resort's small pool and let the afternoon drift by. By evening, the number of birds increases dramatically. Hundreds more gather on the ground, and as the sun sets, you can run across the island, startling them into the air, and watch them soar against the golden sky. For us, this wonderful outing came to an end as we took the boat back to Jinja in the fading daylight, the stillness of dusk settling over the water around us.

*Text: Leah*

# Storytime



**A Bird Paradise Just Around the Corner**



# Have you heard?



## Cindy Sanyu

18.448 monthly listeners on Spotify

Cindy Sanyu was born in Uganda in 1985 and is now one of Uganda's most popular and influential female singers. She is known in the music scene for a variety of genres, such as dancehall, Afropop and R&B.

She was already passionate about music in her youth. She first became successful as a member of the band Blu 3, a band that became famous throughout East Africa. Nevertheless, Cindy Sanyu left the band and started her solo career in 2008. She quickly became famous throughout Uganda as a solo artist.

Her music is particularly known for addressing many personal as well as social issues. Cindy Sanyu is considered as a pioneer for Ugandan women in the music industry and stands up against gender-specific prejudices within this industry. She advocates for equal rights for women in the music industry and demands that they receive the same opportunities and recognition as their male counterparts. She uses her outreach to encourage young female artists and supports various initiatives that promo-

te the empowerment of women. In 2020, she organized a solo concert in Kampala, which became one of the most successful solo concerts in Uganda so far. This was a special milestone in her career, as only a few artists in Uganda had previously organized such large concerts. Among other things, she received the award for the best female artist from East Africa.

In addition to her commitment to equality in the music scene, Cindy Sanyu has other great visions for the future. She wants ugandan music to be more widely disseminated globally and aspires to perform at international festivals to represent Uganda.



### Boom Party

counts almost half a million streams and therefore is one of her most successful songs.



Who can pull harder?

# Did you already know?



## **Rolemodel Uganda as a Host Country for Refugees**

Uganda is the country on the African continent that receives the most refugees and asylum seekers. In a global comparison, Uganda ranks fifth. A total of just over 1.5 million refugees (93%), asylum seekers (3%), and stateless people (4%) currently live there.

Most people come from the Democratic Republic of the Congo and South Sudan. Inclusion in the registers is relatively quick and uncomplicated, even by global standards. As part of the registration process, refugees are given a plot of land in one of 13 „designated areas“ of their choice, where they can live and farm.

Although there is no house on these plots, they are provided with materials to build temporary shelters.

The refugee policy here therefore differs significantly from that in Germany. The Ugandan authorities describe these accommodations as „settlements,“ as opposed to „camps,“ which exist in Germany, for example. They allow greater autonomy, as every refugee is permitted to immediately work in Uganda and move freely around the country. Refugees therefore do not have to live in the designated areas if they prefer to relocate to the big cities. They enjoy at least the same rights as other foreigners

in Uganda. This means that children and young people can also attend school.

However, it is also clear that refugees in Uganda must stand on their own two feet. There is no direct financial support there, as the reception system is weakened due to the large number of refugees. Humanitarian aid also only benefits the refugees living in the designated areas. One example: By the end of March 2024, only 13% of the financial support requested internationally had been covered. Schools and the financing of humanitarian aid are particularly affected by this funding gap.

Nevertheless, Uganda and its people are generally described as very hospitable. And the country has set itself new goals to improve the situation of refugees.

## **Sources**

- UNHCR Operational Data on Uganda (08/24)
- Civil Protection and Humanitarian Aid, European Commission (08/24)
- UNHCR Report on Uganda, Policy Challenges (10/24)
- UNO Flüchtlingshilfe - Uganda (10/24)
- Deutscher Bundestag Bericht (10/24)

# young writers

*children writing their own articles :)*



## **Namugose Shamie**

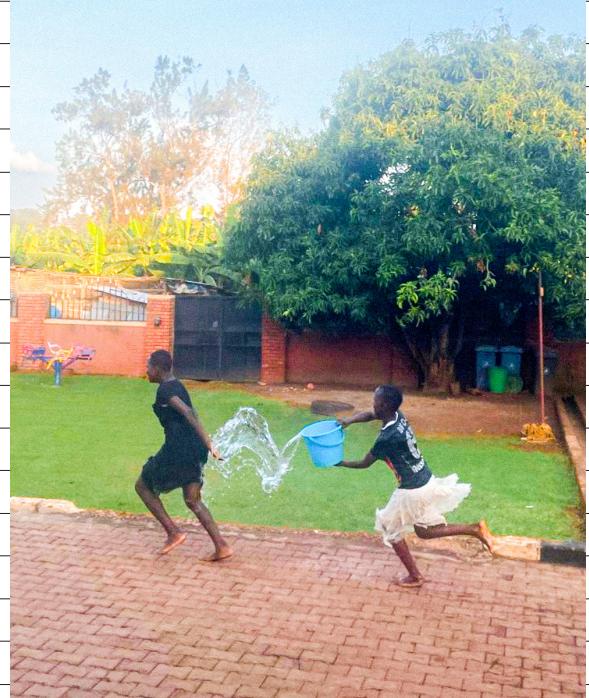
Hello, my name is Namugose Shamie, I am 12 years old and I live at Endasi. I am in P4 at Good Shepherd Primary School and my favorite subjects are English and Science.

We had to say goodbye to our former volunteers three months ago, but also welcomed the new ones. I like doing sports with them, but also other activities like baking, swimming, ICT and movie nights.

At the moment I am preparing for the final exams that will take place next week. A schoolday always starts at 7 in the morning and lasts until the evening and I go there six times a week. But I really like school. The term will be over in two weeks and our two months of christmas holidays start.

I am happy to see my parents again at the christmas party. I am also very excited about our small christmas play that we will present in front of the visitors. I would love to do some shopping and get some new shoes.

One thing I would like to add: What I'm not exited about is the food on Saturdays, as I don't like the silverfish and eggplants we have. ☺





# Yummy, yummy



## Kikomando— the east african must-know food

You can't visit east Africa without trying this simple but very tasty meal called Kikomando. It combines Chapati and Beans into a delicious and filling meal. Originally it was even a popular breakfast option, as you could use leftover chapati from the previous day. However, using fresh chapati makes this dish even more enjoyable. You can look up the recipe for Chapati in a former Newsletter Edition and prepare the traditional beans as following:

### Ingredients for 4 people:

- 3 cups of brown beans
- 1 onion
- 3 large tomatoes
- 1 green bell pepper
- 1 carrot
- 2 gloves of garlic
- Cooking oil
- Royco (optional: curry powder, ginger, cumin, coriander, black pepper) and salt
- 4 Chapati



1. Boil the beans in double the amount of water until tender. You can reduce the cooking time by soaking the beans the night before.
2. Drain the beans and add the finely chopped garlic and the diced onion, tomatoes, carrot and pepper to the hot cooking oil. Fry until tender, then add the spices and beans with some water.
3. Let it boil shortly, then reduce the heat to let the stew simmer so the taste can unfold fully.
4. Add more water until the desired consistency of the stew is reached (normally the stew is rather liquid so the sauce can be soaked up by the other food that's served with)
5. Chop the chapati into small pieces, divide into bowls and top with the beans.

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You can also add some rice or some fresh avocado to this dish if you want. Enjoy :)

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recipe: Leah



## Schlusswort

As always, there is only one thing left to do: to say thank you!

Thank you to all the donors! Thank you to all the staff! Thank you to you! Without you, stories and news like those in the newsletter would not be possible. With you, we can offer the children a fairer life every day. We always welcome suggestions and other news from you. Or perhaps even a guest contribution for the next newsletter? Feel free to contact us through all channels.

All the best, and see you in three months. Warm regards, Your Endasi Team and Board